



**Make Your  
Footsteps Count**

**TREES FOR LIFE**  
*invites you to join our*

## **Sponsored Walks for the Caledonian Forest**

**SUNDAY September 30th 2007**

Join us on Sunday September 30th either for a stunning walk around Loch Affric, or a walk in the Pentland Hills near Edinburgh; and help raise funds to restore the Caledonian Forest with every step you take! Or you could even get sponsored to do a walk (ideally about 10 miles) in your local area, perhaps inviting your family and friends to join you!

There is no minimum sponsorship, just do the best you can for the forest. As usual, every walker who raises £50 or more will receive a free 2008 Trees for Life Calendar and Diary.

To take part in the walks, please collect as many sponsors as possible, using the form overleaf, and refer to the relevant section below for details of the time and place.

### **GLEN AFFRIC WALK**

This walk is a 10 mile circuit around Loch Affric, through some of the most beautiful remnants of the ancient Caledonian Forest. It is over rough tracks, moderate fitness is recommended, and all ages are welcome. It begins from the last car park in Glen Affric and registration is from 11 am to 12 noon. We can meet participants at Inverness train station at 10 am, and expect to be back in Inverness at around 6 pm.

### **EDINBURGH WALK**

This year's 10 mile route will begin at 12 noon at Covenanters Bridge on Redford Road (near Dregghorn Barracks). Walking from Bonaly Burn, the route goes towards Torduff Reservoirs and Clubbiudean, over Harbour Hill, and down Capelaw Hill to return via Bonaly Burn to the start point. The route takes around 3-4 hours and all ages are welcome. Please contact Mike Harrower on 0131 4776498 for more information on this walk.



*Walking in the forest in  
Glen Affric during our  
2006 Sponsored Walk*

### **IF YOU CANNOT JOIN A WALK YOURSELF**

If you cannot come and walk yourself, we invite you to support us by enlisting your friends and neighbours to sponsor Trees for Life's Executive Director Alan Watson Featherstone instead. To do this, fill in the section overleaf where it says 'Name of Walker' with Alan Watson Featherstone, and under the address write 'Trees for Life, The Park, Findhorn Bay, Forres, IV36 3TZ'. Please write your own name and address under the heading 'Name and address if you are collecting for Alan'. Then sign up as many people as you can to sponsor Alan on the Walk!

***Make Your Footsteps Count! Please Join Us!***

Remember: Anyone who raises £50 or more will receive a free 2008 TFL Calendar and Diary.

**Please take a moment to fill out the reply form included with this mailing and return it to Trees for Life. This will help us to better plan for the walks. Thank you!**

For further information please contact Trees for Life, The Park, Findhorn Bay, Forres, IV36 3TZ Scotland  
Tel: 0845 458 3505 Fax: 0845 458 3506 Email: [trees@findhorn.org](mailto:trees@findhorn.org) Web: [www.treesforlife.org.uk](http://www.treesforlife.org.uk)

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