

# Volunteer with us in 2017

HELP  
us rewild  
the Scottish  
Highlands!



Voted one of the  
**TOP 10**  
Conservation  
Holidays in the  
World

BBC Wildlife Magazine



Photo: Daniel Salinas



[treesforlife.org.uk](http://treesforlife.org.uk)

# The Caledonian Forest NEEDS YOUR HELP!



**VOLUNTEER  
with us**

The Caledonian Forest in the spectacular Highlands of Scotland is a unique and beautiful habitat - home to many rare and threatened native species. But only scattered fragments of the forest remain.

**We need volunteers to help protect these areas and grow new, wild forests!**

*"A wonderful, life-affirming experience... change your life, change your world!"*

Laura, 33, Conservation Week volunteer

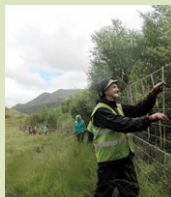
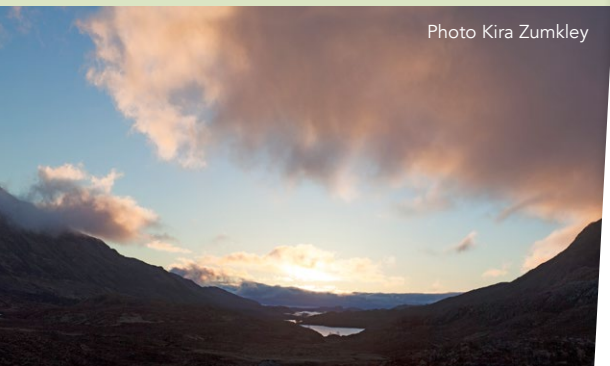


Photo Kira Zumkley



## Conservation Volunteering

**Volunteering with Trees for Life is a wonderful way to experience the beauty and nature of the Scottish Highlands.**

You can join in to help rewild Scotland and:

- have fun and meet new people
- learn more about forests and wildlife
- gain practical skills
- make a positive impact on the environment.

There is something for everyone - from planting trees to removing non-native species, erecting fences, collecting seeds and berries and growing trees in our Tree Nursery.

# Locations



## FCS Glen Affric

Often described as the most beautiful glen in Scotland with ancient woodland and dramatic mountains. Based at newly restored Athnamulloch.



## Dundreggan Tree Nursery

Our Tree Nursery at Dundreggan is situated amongst beautiful ancient woodlands. Help grow rare trees such as dwarf birch and trial innovative ways to propagate an aspen.



## RSPB Corrimony

This picturesque reserve is home to many rare birds including black grouse, crested tits, Scottish crossbills and golden eagles.



## Rewilding Dundreggan

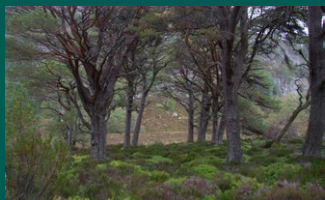
Our Conservation Estate near Loch Ness is our flagship forest restoration project and a centre for rewilding. These weeks at



## Torridon

Breathtaking sea lochs and majestic mountains dominate this area of outstanding natural beauty on the Ben Damph estate.

Dundreggan combine practical activities such as tree planting to restore forests and wildlife habitats and learning about missing species such as lynx and beaver. Throughout these weeks there are rewarding opportunities to observe wildlife such as pine marten, learn how to use camera traps and much more!



# Ways to Volunteer

## Conservation Weeks

A combination of exciting wildlife experiences and practical conservation work. Choose from various beautiful locations in the Highlands to spend a week with us restoring the Caledonian Forest. Full accommodation, food, transport and training is included.

## Conservation Days

Our Conservation Days are for people who live in Inverness-shire, mid-Highland or West Moray. Activities include tree planting, surveying natural regeneration, rhododendron bashing, collecting seeds, working in our Tree Nursery and much more! Visit the events calendar on our website for specific dates.

## Long-Term Volunteer placements

If you are hoping to start a career in conservation or simply want to expand your skill set, our Long-Term Volunteer programme is the ideal way to gain experience in practical forest restoration work. Placements are from one to three months at our Dundreggan Conservation Estate. Apply via our website.



# Join our Conservation Weeks

There are up to ten volunteers on our Conservation Weeks, with two skilled and experienced group leaders. We provide accommodation in a bothy, lodge or holiday cottage, all meals and transport to and from Inverness. Days run from

9am – 5pm, with a day off midweek to do something with the group or explore the local area. Vegetarian meals are cooked on a voluntary rota basis and evenings are free to enjoy the beautiful Highland surroundings.



## Conservation Week Dates 2017

Our Conservation Week meeting point is Inverness railway station where you are dropped off again the following Saturday.

### Spring

25 March	Dundreggan Nursery/Corrimony
1 April	Rewilding Dundreggan/Corrimony
8 April	Dundreggan Nursery
15 April	Rewilding Dundreggan
22 April	Rewilding Dundreggan/Glen Affric
29 April	Dundreggan Nursery/Glen Affric
9 May	Rewilding Dundreggan/Glen Affric
13 May	Rewilding Dundreggan/Glen Affric
20 May	Rewilding Dundreggan/Glen Affric
27 May	Rewilding Dundreggan
3 June	Rewilding Dundreggan
10 June	Dundreggan Nursery
15 July	Dundreggan Nursery

### Autumn

25 September	Rewilding Dundreggan
9 September	Rewilding Dundreggan
16 September	Rewilding Dundreggan/Glen Affric
23 September	Rewilding Dundreggan/Glen Affric
30 September	Rewilding Dundreggan/Glen Affric
7 October	Rewilding Dundreggan
14 October	Rewilding Dundreggan/Corrimony
21 October	Rewilding Dundreggan/Corrimony
28 October	Rewilding Dundreggan
11 November	Torridon
18 November	Torridon

## How to Book

Please visit [treesforlife.org.uk](http://treesforlife.org.uk) or phone 01309 691292 to book your place. The standard cost of a Conservation Week is £385. However, through our dedicated fundraising programme we are able to offer a subsidised rate of £180 for people on low wages. If you would like to fundraise to cover the cost of a place, see [treesforlife.org.uk/support/promote](http://treesforlife.org.uk/support/promote) for hints and tips. If you are able to pay more than the subsidised rate, we can use more of our fundraising income for conservation.

Trees for Life is grateful for the support of:

[treesforlife.org.uk](http://treesforlife.org.uk)  
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Coimisean na Coilltearachd Alba